# VIGOUR&VERVE

coffee & everything in between

. . . lunch 12:30 - 15:00 . . dinner 18:30 - 22:00





SOUP 0 R40 Farmhouse vegetable soup, lentils and

market vegetables served with a pumpkin seed bread cheese toastie

GREEK SALAD 0 like we do in South Africa

You are not in Greece we know, but we have our own local version

**BILTONG AND AVO SALAD R85** 

Wild rocket, baby spinach, sun blushed tomatoes, toasted cashews, peppadews and blue rock dressing

PERI PERI CHICKEN LIVERS R60

Done the South African way, it has a real kick, served with Marlene's signature bread

SPICE-DUSTED CALAMARI R60

Curry sauce, chilli, spring onion, coriander



#### **BRAAI BROODJIES**

South African version of toasties served with hand cut chips

Tomato, onion, cheddar and chutney 🕦 R60 **R85** Slow roast lamb, mustard and cheddar

Smoked chicken, mayo, tomato and **R75** cheddar

Bread supplied daily by our local baker

PREGO ROLL **R90** The classic Portuguese steak

sandwich - It is hot!

Portuguese roll, thin slices of steak. homemade peri peri, served with hand cut chips

**BOERIE ROLL** R60 South African street food classic

Award-winning boerewors, toasted butter bun, caramelized onion, soet mostert,

chakalaka

Add a side of hand cut chips



Served with hand cut chips

200g Beef pattie or chicken fillet lettuce, tomato, jalapeño mayo, gherkin, homemade relish, cheddar cheese

BEEF **R85** CHICKEN **R75** SKINNY BURGERS LESS R5 Served without a bun



**R55** 

MAGRIETJIE 0 R65

Tomato, basil and mozzarella

pineapple salsa

R95 KAROO

Pulled lamb, olives, chilli and capers

R85 THE CHAMPION

Award-winning boerewors, caramelised onions and coriander

ALL FIRED UP R90 Wood fired peri peri chicken, and



### 🚵 SHISA NYAMA GRILL

Flavours of Ekhasi, licked by fire, kissed by smoke, prepared with our own braai spice. Served with your choice of 2 sides and 1 sauce

RUMP 300g R150 LAMB CHOPS 300g R160 AWARD-WINNING **R85 BOEREWORS 200g** FREE RANGE CHICKEN **R80** BREAST

SIDES (CHOOSE 2)

BRAAIED BRISKET 300g

Lowerland pap Chakalaka Creamed spinach and soet pampoen Oven roasted vegetables Cauliflower mash Hand cut chips, braai spice

#### SAUCES (CHOOSE 1)

**R15** 

Classic peppercorn sauce Monkey gland sauce Peri peri sauce

## **A LOCAL FAVOURITES**

These are authentic dishes of our region, the way they were prepared by our ancestors

R65 UITPAK SLAAI

A local layered salad, bacon, cheese, soft egg

PICKLED FISH **R70** 

A South African classic, served with mosbolletjie bread

TRADITIONAL CAPE MALAY LAMB BOBOTIE THE LOCAL ICON -VEGETARIAN OPTION AVAILABLE 0 R110

R135

**R95** 

**R85** 

Braised minced lamb, fragrant spices, yellow rice and sambals

WOOD FIRED PERI PERI CHICKEN **R85** 

Free range 1/2 chicken, Portuguese and African flavours, double - fried hand cut chips

FISH & CHIPS THE CLASSIC WAY **R85** 

Fresh battered hake, hand cut chips, fennel salt, tartar sauce

**BUTTER CHICKEN** VEGETARIAN OPTION AVAILABLE 💟

Tender free range chicken, classic fragrant spices, steamed rice, roti and sambals

LAMB SHANK R195

Slow roasted ouma's way, rosemary mash and citrus gremolata

PAN FRIED LINE FISH R155

SASSI green listed grilled fresh fish, hand cut chips, baby spinach salad and zesty lemon aioli



R125

The Southern African Sustainable Seafood Initiative Informs and Inspires consumers to make informed decisions. Only buy fish on the green list. Read more here: wwfsassi.co.za



#### **HARVEST TABLE**

Choose from a selection of cakes, desserts and pastries - individually priced. Please ask your waitron

**ICE CREAMS & SORBETS** R15 per scoop

Your selection from our ice cream counter, assorted toppings - 1 variety per scoop

**R45** WAFFLES

Maple syrup, chocolate sauce, assorted sweet toppings, ice cream or cream

All prices are in South African Rands and include VAT.



Vegetarian dishes