

V&V

VIGOUR & VERVE

coffee & everything in between





MORNING FOOD

Breakfast closes at 11h00

(V) HEALTH BREAKFAST BOWL 35
muesli mix - seeds & oats - fresh fruit - plain yoghurt - honey

EXPRESS BREAKFAST 55
two eggs - bacon - panfried cherry tomatoes - slice of toast

V&V BREAKFAST 80
two eggs - bacon - local sausage - panfried cherry tomatoes -
herbed mushroom - slice of toast

OMELETTE - create your own 40
3 egg cheddar cheese omelette - slice of toast

fillings

tomato or onion or green pepper or spring onion or chilli 5
herbed mushrooms 15
chicken strips 15
beef strips 15
two rashers bacon 15

JUST EGG ON TOAST 35
3 eggs scrambled on toast - panfried cherry tomatoes

ALL DAY BREAKFAST 75
2 eggs - bacon - local sausage - baked beans -
seared cherry tomato - chips



SARMIES

FROM THE SANDWICH PRESS

choose from our selection of freshly baked breads -
low GI seed loaf - 70% country rye - wraps

sandwiches can be toasted - plain or open - served with chips

VIVACIOUS CHICKEN MAYONNAISE 80
grain mustard mayonnaise - dill pickle - rocket leaves

TUNA MAYONNAISE 80
whole grain mustard - celery - onion - mozzarella

(V) CHEDDAR - MOZZARELLA 70
tomato - onion marmalade - basil pesto

BUTTER CHICKEN 75
our signature butter chicken - wrapped in roti bread

CAJUN CHICKEN & PINEAPPLE 75
cajun spiced - shredded chicken mayo - sweet pineapple -
red pepper salsa

(V) VEGGIE TOASTIE 70
sautéed mushrooms - braised onion - tomato - cheddar -
tomato chutney - fresh green chilli - toasted between
two roti



EASY FOOD

TEMPURA CALAMARI 65
fried tempura calamari - tartar sauce

STRIPS TO DIP 70
herbed crumbed chicken strips - deep fried - basil pesto
infused aioli - fresh lemon - chips - rocket side salad

BBQ CHICKEN WINGS 65
Flame grilled - sticky & sweet - chips

CHICKEN LIVERS 55
braised spicy livers - fresh chilli chutney - bruschetta

GO FISH 75
hake fillet goujons - calamari rings - squid heads - grilled or
panfried - chips - tartar sauce

(V) VEGGIE PAN 70
gourmet brinjal bites - crumbed mushrooms - cheesy sweet
corn samosas - vegetable springrolls - chips -
sweet chilli dipping sauce

(V) CRUMBED MUSHROOMS 55
crispy deep fried crumbed button mushrooms -
roasted garlic mayo



SALADS

CHICKEN COBB SALAD 90
grilled chicken - lettuce - tomato - cheddar - baby greens -
crispy bacon bits - avo* - toasted seeds - crunchy croutons

STEAK SALAD 90
tender beef strips - avo* - marinated cherry tomatoes -
spring onion - salad greens - honey mustard dressing

(V) GREEK SALAD 75
baby leaves - cherry tomatoes - green pepper -
cucumber - onion - local olives - feta

(V) ITALIAN SALAD 75
baby leaves - cherry tomatoes - green pepper -
cucumber - onion - local olives - mozzarella

TUNA & AVOCADO 85
baby leaves - cherry tomatoes - green pepper -
cucumber - onion - tuna - avo*

(V) Vegetarian ***** Seasonal



BURGERS

BURGERS served with rustic fries

150g beef or lamb patty or chicken fillet - lettuce - tomato - jalapeño mayo - gherkin - homemade relish - cheddar cheese

LAMB	85
BEEF	85
CHICKEN	75
VEGGIE	75

SKINNY BURGERS without the bun

less 5

ADD	15
avo*	
bacon	
jalapeños	
egg	

TUMERIC CHICKEN BURGER WITH TANDOORI MAYO

75

150g chicken fillet - light & mildly spiced slaw - tandoori mayo rustic fries



HOUSE FAVOURITES

CHOPS CHUTNEY

150

300g lamb loin chops - braised in spicy chutney - served with roti or rice

RIB & WING

125

300g ribs - 250g wings

½ CHICKEN

95

CHICKEN & MUSHROOM

85

grilled chicken breast - creamy mushroom and rosemary sauce

CALAMARI

105

calamari - grilled or fried - tartar sauce

HAKE & CALAMARI

135

hake fillet 200g - calamari - grilled or fried - lemon or peri peri butter

THE ABOVE IS SERVED WITH EITHER RUSTIC FRIES - MASHED POTATO - SIDE SALAD - VEG OF THE DAY

FISH & CHIPS

95

hake fillet - grilled or fried - tartar sauce

SLOW ROASTED LAMB SHANK

205

lamb shank - slow braised - herb mash - veg of the day

OUR SIGNATURE BUTTER CHICKEN

95

basmati rice - roti - pickles - sambals - cucumber raita

LAMB CURRY

145

the traditional way - basmati rice - roti - papadum - sambals - cucumber raita

CHICKEN & PRAWN CURRY

185

basmati rice - roti - papadum - pickles - sambals - cucumber raita

V&V GRILLS

served with either rustic fries - mashed potato - side salad - veg of the day

RUMP 300g	145
RUMP 200g	115
T-BONE 350g	150
LAMB CHOPS 300g	150
STICKY RIBS 400g	140

MIXED GRILL

150

shisa nyama - wors - 1/4 chicken leg - 200g rump



PIZZA

with fresh garlic and green chilli oil available on a plain or whole-wheat pizza base

Ⓥ PLAIN MARGERITA 65

THE PHOENIX 125

natal lamb curry - cucumber raita

BUTTER CHICKEN 95

our signature butter chicken - cucumber raita

MIDLANDS DARGLE CHICKEN 90

chicken strips - mozzarella - pepperdew - mushroom - onion

Ⓥ JEFFREY'S HIPPIY 90

mushroom - olives - artichokes - grilled onion - green peppers - avo*

SPICE ROUTE 90

tandoori spiced chicken - baby marrow - chopped onion



PASTA

V&V FETTUCCINE :

GRILLED CHICKEN 75

cream & mushroom sauce

GRILLED SEASONAL VEGETABLE 65

splashed with napolitano sauce

CHILLI CHICKEN & PRAWN 135

medium prawns - chicken - garlic - olive oil - white wine - chilli

BEEF 85

mushrooms - white wine - napolitano sauce - touch of cream

**TSGO REWARDS MEMBERS
ENJOY INSTANT DISCOUNTS**



Ts & Cs apply

 **ON THE SIDE**

SAUCES 25
V&V BBQ - Cheese - Mushroom - Peri Peri - Pepper

VEG OF THE DAY 25

SIDE SALAD 25

 **SWEET TEMPTATIONS**

FRUIT SALAD & ICE CREAM 45

WAFFLES 45
maple syrup - chocolate sauce - choice of two sweet toppings
cream or ice cream

ICE CREAM 45
vanilla ice cream - topped with your choice of
two sweet toppings

HARVEST TABLE
choose from a selection of cakes, desserts and pastries
individually priced

 **V&V KIDS**

Children under 12 only 60

All kid's meals include a 100ml milkshake and ice cream
& chocolate sauce

KIDDIES PIZZA
cheese - tomato
ham - cheese

KIDDIES SANDWICH
cheese - tomato
chicken mayonnaise

KIDDIES BEEF BURGER & CHIPS

KIDDIES CHICKEN BURGER & CHIPS

KIDDIES CHICKEN STRIPS & CHIPS

Prices include VAT. Service charge not included. All items subject to availability.
Variations to dishes may lead to delays. All extras & substitutions may incur an extra
charge. Not responsible for food asked well done. Regret no cheques accepted.
Prices may change without prior notice.

 **COLD BEVERAGES**

FRUIT JUICE 25
sir fruit - ask for the available flavours

APPLETISER 330ml 28

GRAPETISER 330ml 28

SOFT DRINKS 300ml 22

SUGAR FREE SOFT DRINKS 300ml 21

SHAKES - silky smooth milkshakes 30
banana - bubblegum - chocolate - coffee - lime -
strawberry - vanilla

 **HOT BEVERAGES**

decaffeinated coffee available add 2

SINGLE ESPRESSO 15
DOUBLE ESPRESSO 20

REGULAR CAPPUCCINO 20
GRANDE CAPPUCCINO 25
double-shot espresso

AMERICANO 20
espresso topped with water

CAFÉ LATTE 20
Hot milk over an espresso - capped with foam

CAFÉ MOCHA 20

COFFEE ALTERNATIVES
HOT CHOCOLATE 25
CHAI LATTE 25
RED CAPPUCCINO 25

TEA TIME 20
5 roses ceylon
ask your waitron for the available classic collection

 **TSOGO Rewards**

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