

BODY TREATMENTS

Body Polish - By Mio

A gentle exfoliation and moisturising treatment.

Leaves the skin soft and hydrated

30min R 330

Anti-stress Back Treatment - By Mio

Designed to ease tension and soothe the skin

45min R 520

Cleopatra Milk Wrap - By Babor

We make you feel like she did! Queen for the day, this treatment, cleanses, exfoliates and moisturises the entire body, leaving your skin replenished, nourished satin smooth and caressed.

60 min R 600

Frangipani Body Treatment - By Elemis

The perfect treatment overlooking the Indian Ocean! An aromatic full body scrub followed by a facial cleanse leaving you feeling relaxed, renewed and pampered

60 mins R 650

Thermal Cocooning Treatment - By Babor

A detox mud from the Eifel region promotes good circulation, relaxes the muscles leaving the skin feeling warm, nourished, moisturised and comfortable.

60 min R 650

Balanced Body Treatment - By Babor

Follow a journey of luxury with a body polish, massage and mask, balancing all energies and creating a feeling of wellbeing.

90 min R 820

SPA COLLECTIONS

Pebble

Babor Express Facial

Back Massage

1 Hour R 820

Orchid

Sea Whisperer Massage

Purifying Oxygen Facial

2 Hours R 1380

Tranquillity

Serene Soul Massage

Cleopatra Milk Wrap

Pedicure

3 Hours R 1700

Rekindle

Serene Soul Massage

Body Polish

Vitality treatment

2.5 Hours R 3000 Per couple

Indian Ocean Dream

Sea Whisperer Massage

Specialised Facial

Cleopatra Milk Wrap

Manicure and Polish

Pedicure and Polish

7 Hours R 2650

Open 7 days a week

08h00 - 21h00

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www.tsogosun.com



SPA
SUNCOAST TOWERS

"Life at the top can be so good"

MASSAGE OFFERINGS

The Sea Whisperer

Relax to the flowing sequence of our Signature Massage, a fusion of massage styles from around the world to lull you into a blissfully relaxed state

60 min R 740 75 min R 800 90 min R 930

Serene Souls Massage

This intuitive massage can be designed with you in mind, your practitioner will concentrate on your specific needs, should it be extra attention to the back, deep tissue or de-stress.

Please discuss with your practitioner.

60 min R 700 75 min R 780 90 min R 850

Rhythms of the Back

A Favourite for 'busy' people! This relaxing experience is a massage for the entire back of the body and directs most attention to the back and neck, finishing with the head and feet

45 min R 650

Dancing Fingers

Two therapists, massage in tandem and harmony. This massage will transport you to Indian Islands of peace and tranquillity

45 min R 990

Mama's Touch - by Mama Mio

A pregnancy massage designed to target mum's specific needs while nourishing your skin with

Omega enriched oils

60 min R 730

Back Massage	30min	R 430
Indian Head Massage	30min	R 370
Reflexology	30min	R 350
Revive Leg Massage	30min	R 370
Foot Massage	30min	R 220

Spa Bath Therapy

Cleopatra- Relaxing and Moisturising	R 250
Oligomer- Remineralising and Invigorating	R 250
Alguomer- Detoxifying and Contouring	R 250
Liquid Yoga- Relaxing and Re-energizing	R 250

FACIALS

Ocean Dew - By Elemis

Refresh, revive & re-balance tired skin with an express treatment adapted for every skin type

30 min R 500

Vitality Treatment - By Elemis

A nourishing and detoxifying facial, rich in super foods and minerals to re-energise and revitalise the skin. The perfect nutritional boost for stressed, dehydrated and dull skin.

60min R 730

Age Defying Facial - By Elemis

A marine collagen enriched facial sure to leave your skin feeling plump, hydrated and tightened

60min R 780

Brightening Treatment - By Elemis

A Vitamin C packed treatment bringing uniformity to the complexion. Treating pigmentation and enhancing youth and radiance in the skin

60min R 840

Skinovage Facial - By Babor

Cleanse. Exfoliate, mask and moisturise, products will be adapted for your skin type

30 min R 480

Skin Renewal - By Babor

A peeling treatment using fruit acids creating visible results of a brighter, healthier and rejuvenated skin

60 min R 700

Purifying Oxygen Treatment - By Babor

Awaken the skin's energy. A regenerating facial achieving radiant and refreshing results

60 min R 800

Revitalising Facial - By Babor

This intensively hydrating facial, saturates the skin with Vitamin A and C, strengthening the skins natural barrier.

The skin is left repaired and replenished

75 min R 860

Reversive Treatment - By Babor

Time reverse skincare. An anti-aging facial which restores youthfulness and luminosity in the skin. It leaves the skin firmer and smoother with a beautifully even appearance

90min R 1720

HAND & FOOT CARE

Manicure & Polish	60 min	R 300
Spa Manicure	75 min	R 350
Pedicure & Polish	60 min	R 320
Spa Pedicure	75 min	R 450
Gel Colour - Add on	30 min	R 140
Gel Re-varnish	30 min	R 240

Waxing & Tinting

Yes we do! Please enquire at reception

MEN'S GROOMING

Hand Grooming

30 min R 210

Hand Grooming with Moisturising Treatment

45 min R 240

Foot Grooming

30 min R 270

Foot Grooming with Moisturising Treatment

45 min R 330

Babor Express facial

Deep cleans, tone and moisturize.

Products adapted to your skin type

30 min R 480

Babor Men's Re-energising Treatment

Daily shaving takes its toll, and often injures the skin, this treatment thoroughly moisturizes, desensitizes and restores the skins elasticity

60 min R 700

Elemis Express Facial

Cleanse, Exfoliate and Moisturise. Leaves the skin revitalised

30 min R 500

Rejuvenating Treatment - By Elemis

A high performance, deep cleansing treatment targeted at purifying and replenishing aging skin.

60min R 770