

Steak Set Menu 1

Starters

Please select one of the following:

Chicken Livers

Chicken livers sauteed in mild peri-peri sauce

Or

Snails

Prepared in a creamy garlic sauce, with a choice of blue or cheddar cheese.

Or

Haloumi

Deep Fried or grilled haloumi Cheese served with sweet chilli sauce

Or

Vegetarian Spring Rolls

Spring rolls served with mash potato and a sweet chilli sauce

Main Course

Please select one of the following

Saucy Steak

200g Sirloin or rump steak served with onions rings, a choice of starch and sauce

Or

Grilled Chicken Breast

2 Succulent chicken breasts in our homemade marinade, basted in either peri-peri or BBQ served with a seasonal side salad

Or

Chicken Schnitzel

Crumbed chicken breast, topped with a cheese sauce and cheddar cheese, served with onion rings and a choice of starch

Or

Calamari

Grilled in Lemon butter sauce with garlic and a hint of chilli, served with vegetables and a choice of starch

Or

Steak Pasta

Succulent steak done with mixed peppers and mushrooms in a creamy sauce served with penne or fettuchini

Or

Mushroom Gnocchi

Gnocchi(potato dumplings) done in a creamy mushroom sauce topped with crispy onions

Desserts

Please select one of the following

Ice-Cream and Hot Chocolate Sauce

Rich, vanilla ice-cream covered with hot Bar One Sauce

Or

Malva Pudding

Traditional sponge pudding smothered in crème anglaise

Or

Crème Brulee

Baked custard with a caramalised crust

Or

Chocolate Mousse

Rich, decedent dark chocolate mousse served with a dollop of cream

R250,00

Steak Set Menu 2

Starters

Please select one of the following:

Carpaccio

Thinly sliced beef fillet, with balsamic marinated mushrooms, celery, parmesan shavings and spring onion

Or

3 Oysters

Fresh hand selected coastal oysters served on a bed of crushed ice with accompaniments

Or

Haloumi

Grilled or deep fried haloumi cheese sticks served with a dash of sweet chilli sauce and lemon

Or

Prawn Cocktail

Prawns tossed in a tangy seafood sauce

Main Course

Please select one of the following

Saucy Rump or Sirloin

300g Rump or Sirloin steak served with onion rings and a choice of starch and sauce

Or

Our Famous Spare Ribs

400g portion of Pork ribs served with onions rings and a choice of starch

Or

Steak Pasta

Succulent steak done with mixed peppers and mushrooms in a creamy sauce served with penne or fettuchini

Or

Indian Lamb Curry

Traditional curry served with sambals

Or

Spatchcock Chicken

Grilled to perfection with a choice of lemon and herb, peri-peri or BBQ sauce served with onion rings and a choice of starch

Or

Fish and chips

Fillet of fish coated in a crispy batter or grilled in lemon butter sauce served with chips

Or

Calamari

Fried or Grilled in Lemon butter sauce with garlic and a hint of chilli, served with vegetables and a choice of starch

Desserts

Please select one of the following

Chocolate Fondant

Rich decadent hot oozy chocolate pudding served with a scoop of ice-cream

Or

Bar-one Cheese Cake

Fridge cheese cake topped with a rich bar-one sauce

Or

Malva Pudding

Traditional sponge pudding smothered in crème anglaise

Or

Crème Brulee

Baked custard with a caramelised crust

Or

Peppermint Crisp Tart

A rich decadent mousse flavoured with peppermint crisp

R280,00

Steak Set Menu 3

Starters

Please select one of the following:

Chicken Livers

Chicken Livers sauteed in a mild peri-peri sauce

Or

Calamari Tubes

Tender Falkland calamari tubes deep fried or grilled, in a lemon butter sauce with garlic and a hint of chilli

Or

Congo Black Mushrooms

Crumbed black mushrooms, topped with creamed spinach and smothered with cheddar cheese sauce and a dash of balsamic reduction

or

Snails

Prepared in a creamy garlic sauce, with a choice of blue or cheddar cheese

Main Course

Please select one of the following

Biltong, Avocado and Cheese Sirloin or Rump (300g)

Topped with Biltong shavings, avocado and cheese sauce

Or

Fillet

250g Fillet Steak served with a choice of Starch, onion rings and a choice of Sauce

Or

T-Bone

750g T-Bone steak served with onion rings and a choice of starch and sauce

Or

Ribs

400g portion of Ribs served with a choice of Starch and Onion rings

Or

Indian Lamb Curry

Traditional Lamb Curry served with Sambals & Chutney

Or

Spatchcock Chicken

Grilled to perfection with a choice of BBQ, Lemon & Herb or Peri-Peri Sauce with a choice of Starch and Onion rings

Or

Line Fish Thermidor

Grilled and topped with a thermidor sauce

Or

Chicken and prawn pasta

Chicken and prawns done in a creamy tomato and chilli sauce with mixed peppers served with either penne or fettuchini

Or

Kingklip

Fresh kingklip, grilled and served with lemon butter

Desserts

Please select one of the following

Ice-Cream and Hot Chocolate Sauce

Rich, vanilla ice-cream covered with hot Bar One Sauce

Or

Bar-One Cheese Cake

Fridge cheese cake topped with a rich bar-one sauce

Or

Malva Pudding

Traditional sponge pudding smothered in a crème anglaise

Or

Oreo Chocolate brownie

Served with either custard or ice-cream

Or

Crème Brulee

Baked custard with a caramalised crust

R315.00

Steak Set Menu 4

Starters

Please select one of the following:

Creamy Mussels

Half shell mussels in a creamy white wine and garlic sauce

Or

Haloumi

Grilled or deep fried haloumi cheese sticks served with a dash of sweet chilli sauce and lemon.

Or

Congo Black Mushrooms

Crumbed black mushrooms, topped with creamed spinach and smothered with cheddar cheese sauce and a dash of balsamic reduction

Or

Prawn Cocktail

Prawns tossed in a tangy seafood sauce

Main Course

Please select one of the following

Saucy Rump, Sirloin or Fillet

300g Rump or Sirloin or 250g fillet steak served with onions rings and a choice of starch and sauce

Or

Rib & Rump combo

Honey glazed pork riblets served with prime beef rump served with onion rings and a choice of starch

Or

T-bone

750g T-bone steak served with onion rings and a choice of starch and sauce

Or

Chicken & Chops

Lemon and herb or peri-peri or BBQ chicken and succulent chops served with onion rings and a choice of starch

Or

Spatchcock Chicken

Grilled to perfection, with a choice of BBQ, lemon herb or peri – peri sauce

Or

Butter Chicken

Boneless Chicken don in aromatic indian spices finished off with cream and butter served with tomato and onion sambal and rice

Or

Line Fish Thermidor

Grilled and topped with a thermidor sauce

Or

Seafood Special for One

Squid heads, hake grilled or fried, 4 mussels, 4 prawns with chips or rice

Desserts

Please select one of the following

Ice-Cream and Hot Chocolate Sauce

Rich, vanilla ice-cream covered with hot Bar One Sauce

Or

Pavlova

Meringue served with seasonal fruits and fresh cream

Or

Malva Pudding

Traditional sponge pudding smothered in crème anglaise

Or

Chocolate Mousse

Rich, decadent dark chocolate mousse served with a dollop of cream

R325.00

Steak Set Menu 5

Starters

Please select one of the following:

Chicken Livers

Chicken Livers sautéed in a mild Peri-Peri sauce

Or

Haloumi

Grilled or deep fried haloumi cheese sticks served with a dash of sweet chilli sauce and lemon.

Or

Snails

Prepared in a creamy garlic sauce, with a choice of blue or cheddar cheese sauce

Or

Congo Black Muchrooms

Crumbed black mushrooms, topped with cream spinach, smothered in cheddar cheese and drizzled with a balsamic vinegar reduction

Or

Creamy Mussels

Half shell mussels in a creamy white wine and garlic sauce

Or

Carpaccio

Thinly sliced beef fillet, with balsamic marinated mushrooms, celery, parmesan shavings and spring onion

Main Course

Please select one of the following

Saucy Rump, Sirloin or Fillet

300g Rump or Sirloin or 250g Fillet steak served with onion rings and a choice of starch and a sauce of your choice

Or

T-Bone

750g T-Bone steak served with onion rings and a choice of starch and sauce

Or

Oxtail

Matured and marinated in a rich red wine sauce with a hint of garlic and ginger served on a bed of mash or rice

Karoo Lamb Shank

Marinated, then roasted in a BBQ basting sauce

Or

Chicken & Chops

Lemon and herb or peri-peri or BBQ chicken and succulent chops served with onion rings and a choice of starch

Or

Spatchcock Chicken

Grilled to perfection with a choice of BBQ, lemon and herb or peri-peri sauce and your choice of starch and onion rings

Kingklip

Fresh kingklip grilled, served with lemon butter, vegetables and a choice of starch

Or

Seafood special for 1

Squid heads, hake grilled or fried, 4 mussels, 4 prawns served with chips or rice

Desserts

Please select one of the following

Bar-One Cheese Cake

Fridge Cheese Cake topped with a rich Bar-One sauce

Or

Peppermint Crisp Pudding

A rich decadent mousse flavoured with peppermint crisp

Or

Chocolate Fondant

Rich decadent hot oozy chocolate pudding served with a scoop of ice-cream

Or

Malva Pudding

Traditional sponge pudding smothered in crème anglaise

Or

Crème Brulee

Baked custard with a caramilsed crust

R345.00

Steak Set Menu 6

Greek Salad on the table

Lavish greens, tomato, cucumber and onions topped with Danish feta and Calamata Olives

&

Biltong Salad on the table

Greens with biltong, Danish feta and sweet peppadews, smothered with a honey mustard dressing

Starters

Please select one of the following:

Calamari

Tender Falkland calamari tubes deep fried or grilled, in a lemon butter sauce with garlic and a hint of chilli

Or

Carpaccio

Thinly sliced beef fillet, with balsamic marinated mushrooms, celery, parmesan shavings and spring onion

Or

Creamy Mussels

Half shell mussels in a creamy white wine and garlic sauce

Or

Congo Black Muchrooms

Crumbed black mushrooms, topped with cream spinach, smothered in cheddar cheese and drizzled with a balsamic vinegar reduction

Main Course

Please select one of the following

Fillet

250g fillet steak served with onions rings and a choice of starch and a sauce

Or

T-Bone

500g T-Bone steak served with onion rings and a choice of starch and a sauce

Or

Lamb Cutlets

Lamb cutlets grilled to perfection and served with a mint sauce

Or

Karoo Lamb Shank

Marinated, then roasted in a BBQ basting sauce

Or

Spatchcock Chicken

Grilled to perfection with a choice of BBQ, lemon and herb or peri-peri sauce and your choice of starch and onion rings

Kingklip

Fresh kingklip grilled, served with lemon butter, vegetables and a choice of starch

Or

Seafood Special for One

Squid heads, hake grilled or fried, 4 mussels, 4 prawns served with chips or rice

Desserts

Please select one of the following

Bar-One Cheese Cake

Fridge Cheese Cake topped with a rich Bar-One sauce

Or

Chocolate Fondant

Rich decadent hot oozy chocolate pudding served with a scoop of ice-cream

Or

Malva Pudding

Traditional sponge pudding smothered in crème anglaise

Or

Crème Brulee

Baked custard with a caramilsed crust

Or

Oreo chocolate brownie

Served with custard or ice-cream

R390.00