

VIGOUR & VERVE

coffee and everything in between

BEFORE

BETWEENERS

MAINS

STARTERS

BOERIE BITES R50
traditional boerewors bites - fruity tomato chutney - deep fried pap

TEMPURA CALAMARI R50
fried tempura calamari rings - sauce tartar

BBQ CHICKEN WINGS R50
300g chicken wings - grilled - basted in our signature V&V BBQ sauce

SALADS

CHICKEN COBB R75
grilled chicken - cos lettuce - tomato - cheddar cheese - baby greens - crispy bacon bits - avo - toasted seeds - crunchy ciabatta croutons

VEGGIE SALAD V R65
green beans - chickpeas - peppers - sweet corn - avo - mange tout - alfalfa sprouts - young plum tomatoes - cucumber - grilled halloumi - rocket leaves

SMOKED SALMON TROUT R85
dullstroom/millstream smoked salmon trout - cottage cheese - rocket - spring onions - crunchy ciabatta croutons - avo - toasted almonds

FETA AND OLIVE SALAD V R50
sweet baby leaves - young plum tomatoes - cucumber - calamata olives - feta cheese - red onion

IN BETWEENERS

SARMIES

choose from our selection of freshly baked breads
baguette - low GI seed loaf - 70% country rye - crisp ciabatta - wraps
sandwiches can be toasted, plain or open
all served with salad and kettle-fried chips

VIVACIOUS CHICKEN MAYO R65
mustard mayonnaise - pickles - rocket leaves - crisp bacon

V&V CLUB SANDWICH R65
our vivacious chicken mayo sandwich - upsized with fried egg - cheddar cheese

BELLVILLE BRIE V R55
roasted bell peppers - onion marmalade - brie cheese

OUR FAMOUS PULLED LAMB R78
diced tomato - feta - tsaiziki - caramelized onion - rocket - olive oil

MANLY BEEF R78
grilled 150g rump - caramelized onions - charred button mushrooms - roasted tomato - gherkins - cos lettuce - melted mozzarella cheese - 1000 island sauce

VEGGIE FULL HOUSE V R55
grilled haloumi - hummus - olives - fresh tomatoes - roasted peppers - brinjals - onions - marinated mushrooms - cucumber - rocket - coriander pesto

OPEN SMOKED SALMON TROUT R85
dullstroom/millstream smoked salmon trout - dill - cottage cheese - asparagus - lemon mayo - baby leaves - chives

VEGGIE TOASTIE V R58
sautéed mushrooms - braised onion - chopped tomato - cheddar cheese - tomato chutney - fresh green chilli - toasted between two roti

BURGERS

BURGERS served with rustic fries
150g beef or lamb patty - chicken fillet or vegetable patty - lettuce - tomato - jalapeño mayo - gherkin - homemade burger relish - cheddar cheese

BEEF R75

LAMB R75

CHICKEN R65
grilled or crumbed

VEGETABLE V R55

SKINNY BURGERS without the bun less R5

ADD R10
avo
cheese sauce
bacon
jalapeños

Pizza

with fresh garlic and green chilli oil
available on plain, whole wheat or gluten-free bases

PLAIN MARGHERITA V R55

KAROO LAMB R95
our famous pulled lamb - braised butternut - danish feta - onions - rocket leaves

GORIMA'S BUTTER CHICKEN PIZZA R75
our signature butter chicken - served on a pizza - cucumber raita

MIDLANDS DARGLE CHICKEN R68
chicken strips - mozzarella - pepperdews - mushroom - onion

JEFFREY'S HIPPIE V R68
mushroom - olives - artichokes - grilled onions - green peppers - avo

THE PHOENIX R68
curried beef mince - potato - chilli - coriander

GRILLS & FAVOURITES

FILLET STEAK 200G R130

RUMP STEAK 300G R115

RUMP STEAK 200G R100

LAMB CUTLETS 300G R140

MIXED GRILL R115
shisa nyama - wors - ¼ chicken leg - 200g steak

OVEN ROASTED BABY CHICKEN R95

FLASH FRIED CALAMARI R85
ginger soy reduction

all served with either rustic fries - mashed potato or baked potato and daily veg
AND

choice of either - pepper - V&V BBQ - prego - cheese - lemon butter sauce

OVEN ROASTED LAMB SHANK R140

succulent karoo lamb shank - slow braised - mash - roast veg

OUR SIGNATURE BUTTER CHICKEN R90

basmati rice - roti - popadum - pickles - sambals - cucumber raita

LAMB CURRY R110

the traditional way - basmati rice - sambals - raita - atchar

SPINACH, CHICKPEA & MUSHROOM CURRY V R75

basmati rice - roti - poppadum's - pickles - sambals - cucumber raita

HOMELANDS VEGGIE PLATTER V R65

charred vegetables - grilled haloumi - hummus - mushrooms - roasted sesame seed mash - home rich tomato concasse

SPICY BATTERED HAKE R70

chickpea masala battered hake - rustic fries - pea puree

AFTERS

HARVEST TABLE R75
choose from a selection of cakes, desserts and pastries - individually priced

FRUIT SALAD AND ICE CREAM R38

WAFFLES R35
maple syrup - chocolate sauce - choice of two sweet toppings - cream or ice cream

ICE CREAMS R30

choose from our selection at the counter - topped with assorted sweet toppings

choice of two sweet toppings

VIGOUR & VERVE

coffee and everything in between

MORNING FOOD



AVAILABLE

SMALL BREAKFAST

two eggs - bacon - roasted tomato - toast

LARGE BREAKFAST

two eggs - bacon - sausage (please check selection) - roasted tomato - charred mushrooms - toast

SALMON TROUT EGGS

fluffy scrambled eggs - dullstroom/millstream smoked salmon trout - dill cream - toast

OMELETTE

three egg omelette - add any filling
ham - onions - peppers - mushrooms - chilli - tomato - cheddar cheese

WITH

bacon - roasted tomato - charred mushrooms - toast

CLASSIC VEGGIE BREAKFAST

scrambled eggs - sliced avo - grilled haloumi - roasted tomato - charred mushrooms - toast

CHEDDAR MELT BREAKFAST WAFFLE

savoury waffle stacked with scrambled eggs - bacon - sautéed mushrooms - tomato - melted with cheddar cheese

THE MAPLE, BACON AND BANANA WAFFLE

bacon - banana - drizzled with maple syrup

FRESHLY BAKED CROISSANT

served with honey & local preserves

FRESHLY BAKED MUFFIN

served with honey & local preserves

TOAST BASKET

choice of low GI seed - country rye - farmhouse white toast bread - honey & local preserves

LIQUIDS



R45

COFFEE

Espresso
Café Americano
Cappuccino
Café Latte
Café Mocha

SOLO

R15
R20
R20
R20
R20

DOPPIO

R17
R23
R23
R23
R23

R70

ICED COFFEES

Iced Coffee
Iced Café Americano
Iced Café Mocha
Iced Chai Tea Latte

R23
R23
R23
R23

R25
R25
R25
R25

R70

COFFEE ALTERNATIVES

Hot Chocolate
Chai Latte
Red Cappuccino

R20

R25
R23
R23

ADD A LITTLE EXTRA

Hazelnut Syrup
Vanilla Syrup
Whipped Cream

R5

R8

R60

TEA TIME ROSES

Classic Ceylon 5 Roses

R18

R55

CLASSIC COLLECTION

Camomile Flowers
Earl Grey
Rooibos
Rose and French Vanilla
Italian Almond
Green Tea
Peppermint Leaf
Cinnamon Ceylon

R18
R18
R18
R18
R18
R18
R18
R18

R40

SIR JUICE

ask your waitron for the available flavours

R22

R40

SHAKES

Silky Smooth Milk Shakes
What's your combination?
Banana, bubblegum, chocolate, coffee, lime, strawberry, vanilla

R25

R40

V&V KIDS



choose from any of the following meals all served with a juice and ice cream to finish R45

KIDDIES PIZZA

- cheese & tomato
- ham & cheese

BEEF OR CHICKEN BURGER AND CHIPS

SAUSAGE AND MASH (CHECK SELECTION)

KIDDIES SANDWICH

- cheese & tomato
- chicken & mayo

CHICKEN NUGGET AND CHIPS

FISH STICKS AND CHIPS