

Quills Restaurant &  
Cocktail Bar



68.7 metres from International Arrivals Hall  
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**TEA  
MENU**

## QUILLS TEA MENU

Sweet and Savoury	210pp
Inclusive of a glass of Cap Classique	310pp
Inclusive of a glass of Champagne	365pp

## SWEET DELIGHTS

Chef's Selection of Sweet Delicacies  
Freshly Baked Cheese and Plain Scones with  
Vanilla Pod Cream, Home Made Preserves and Praline  
A Selection of Afternoon Tea Pastries and Cakes  
Fresh Seasonal Fruit with Sweet Dipping Sauce

## SAVOURY

Tea Sandwiches  
Smoked Salmon, Cream Cheese and Cucumber  
Spicy Chicken Mayonnaise  
Caprese  
Selection of Savoury Quiches and Mini Pies  
Baked Egg and Bacon Tart or Tomato and Spinach Tart

## LOOSE LEAVE TEA SELECTION

### PURE CHAMOMILE FLOWERS

Chamomile is a gentle and relaxing herb enjoyed for centuries by Europeans as a tonic. The daisy-like chamomile flower has an uplifting aroma reminiscent of apples. The subtle flavour of chamomile is concentrated in the flower and this infusion offers the pure infusion of the chamomile flower, without leaves and stem. Chamomile is enjoyed as a relaxing, naturally caffeine-free infusion before bedtime, with its soothing aroma and very delicate flavour.

### PURE PEPPERMINT LEAVES

Savoured as a refreshing beverage since Roman times, peppermint is naturally caffeine free and ideal taken after a meal to aid digestion. The natural peppermint oil in the leaves impart a menthol aroma and a zest to the infusion of the leaf, making this a cooling and uplifting beverage. The infusion of peppermint leaves with a touch of honey is an ideal palate cleanser and effective in rehydration.

### GREEN TEA

Green tea, as well as Oolong tea & Black tea, are produced from the herb *Camellia Sinensis*. They all contain the same amount of caffeine. Caffeine content in a cup of tea is 2.5% to 4%, which is about a third of that in coffee. It is claimed that 80% of the caffeine in tea remains unabsorbed by the human body.

## SUPREME CEYLON ENGLISH BREAKFAST TEA

Ceylon Tea was recognized as the finest since the late 1800s when its bright, full bodied teas made tea and Ceylon famous throughout Europe. This Ceylon Broken Orange Pekoe is the quintessential Ceylon, offering body, brightness, structure, strength and colour; the features that made Ceylon the home of the finest teas.

## THE ORIGINAL EARL GREY

The legend of Earl Grey Tea is one of politics and intrigue. When a British diplomat saved the life of an official of the Imperial Chinese Court, tea enhanced with the peel of a special variety of orange, and its recipe were given to Charles, 2nd Earl of Grey, also then the Prime Minister of England. The tea that became known as 'Earl Grey Tea' combines tea with the flavour of Bergamot.

## VANILLA CEYLON

A light, bright tea with a sensual and aromatic finish. The combination of high grown Ceylon and the inspiring aroma of vanilla make this a delightful tea. High elevation Ceylon Tea in perfect balance with the exotic, creamy aroma of vanilla, this is a high quality tea with a fun aspect. While the tea is infusing, savor the aroma of tea mingling with vanilla.

## STRAWBERRY

The gentle sweetness of ripe strawberry with a lightly tangy note produces a mild and fragrant tea. A delightful, refined, fragrant and delicious tea.

## ITALIAN ALMOND

A malty, mid-elevation Ceylon Gourmet tea in a delightful combination with the mildly bittersweet, aromatic flavour of Italian Almond. A medium bodied tea with a wonderful fragrance & slightly sweet finish.

## ROSE WITH FRENCH VANILLA

Inspiringly aromatic, with a medium bodied floral note, the flavour of Rose with a hint of French Vanilla combines with Ceylon tea in a perfect embrace. Elegant and sophisticated, a perfect afternoon or after dinner tea with a touch of romance.

## SELECTION OF HOT BEVERAGES

Café Latte  
Cappuccino  
Black Filter Coffee or Decaffeinated Coffee  
Espresso (Single or Double)  
Hot Chocolate

Served daily between 14h30 and 17h00

*There are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea.*

*Henry James*