

VIGOUR & VERVE

coffee and everything in between

BEFORE

STARTERS

BOERIE BITES R45
traditional boerewors bites - fruity tomato chutney - deep fried pap

TEMPURA CALAMARI R45
fried tempura calamari rings - sauce tartar

BBQ CHICKEN WINGS R45
300g chicken wings - grilled - basted in our signature V&V BBQ sauce

SALADS

CHICKEN COBB R70
grilled chicken - cos lettuce - tomato - cheddar cheese - baby greens - crispy bacon bits - avo - toasted seeds - crunchy ciabatta croutons

VEGGIE SALAD V R65
green beans - chickpeas - peppers - sweet corn - avo - mange tout - alfalfa sprouts - young plum tomatoes - cucumber - grilled halloumi - rocket leaves

SMOKED SALMON TROUT R75
franschhoek valley smoked salmon trout - cottage cheese - rocket - spring onions - crunchy ciabatta croutons - avo - toasted almonds

FETA AND OLIVE SALAD V R50
sweet baby leaves - young plum tomatoes - cucumber - calamata olives - feta cheese - red onion

IN BETWEENERS

SARMIES

choose from our selection of freshly baked breads baguette - low GI see loaf - 70% country rye - crisp ciabatta - wraps
sandwiches can be toasted, plain or open
all served with salad and kettle-fried chips

VIVACIOUS CHICKEN MAYO R55
mustard mayonnaise - pickles - rocket leaves - crisp bacon

V&V CLUB SANDWICH R60
our vivacious chicken mayo sandwich - upsized with fried egg - cheddar cheese

BELLVILLE BRIE V R55
roasted bell peppers - onion marmalade - brie cheese

OUR FAMOUS PULLED LAMB R75
diced tomato - feta - tsatziki - caramelized onion - rocket - olive oil

MANLY BEEF R75
grilled 150g rump - caramelized onions - charred button mushrooms - roasted tomato - gherkins - cos lettuce - melted mozzarella cheese - 1000 island sauce

BETWEENERS

VEGGIE FULL HOUSE V R55
grilled haloumi - hummus - olives - fresh tomatoes - roasted peppers - brinjals - onions - marinated mushrooms - cucumber - rocket - coriander pesto

OPEN SMOKED SALMON TROUT R75
franschhoek valley smoked salmon trout - dill - cottage cheese - asparagus - lemon mayo - baby leaves - chives

VEGGIE TOASTIE V R50
sautéed mushrooms - braised onion - chopped tomato - cheddar cheese - tomato chutney - fresh green chilli - toasted between two roti

BURGERS

BURGERS served with rustic fries
150g beef or lamb patty - chicken fillet or vegetable patty - lettuce - tomato - jalapeño mayo - gherkin - homemade burger relish - cheddar cheese

BEEF R70

LAMB R75

CHICKEN R60
grilled or crumbed

VEGETABLE V R55

SKINNY BURGERS without the bun less R5

ADD R10
avo
cheese sauce
bacon

Pizza

with fresh garlic and green chilli oil available on plain, whole wheat or gluten-free bases

PLAIN MARGHERITA V R55

KAROO LAMB R85
our famous pulled lamb - braised butternut - danish feta - onions - rocket leaves

GORIMA'S BUTTER CHICKEN PIZZA R70
our signature butter chicken - served on a pizza - cucumber raita

MIDLANDS DARGLE CHICKEN R65
chicken strips - mozzarella - pepperdews - mushroom - onion

JEFFREY'S HIPPI V R65
mushroom - olives - artichokes - grilled onions - green peppers - avo

THE PHOENIX R65
curried beef mince - potato - chilli - coriander

MAINS

GRILLS & FAVOURITES

FILLET STEAK 200G R125
RUMP STEAK 300G R110
LAMB CUTLETS 300G R140

MIXED GRILL R95
shisa nyama - wors - ¼ chicken leg - 100g steak - lamb chop

CHICKEN SUPREME R90

KINGKLIP R130

all served with either rustic fries - mashed potato or baked potato and daily veg
AND
choice of either - pepper - V&V BBQ - prego - cheese - lemon butter sauce

LAMB SHANK R125
450g slow-braised lamb shank - mash - side of roast veg

OUR SIGNATURE BUTTER CHICKEN R90
basmati rice - roti - popadum - pickles - sambals - cucumber raita

LAMB CURRY R95
the traditional way - basmati rice - sambals - raita - atchar

SPINACH CHICKPEA & MUSHROOM CURRY V R60
basmati rice - roti - popadum - pickles - sambals - cucumber raita

HOMELANDS VEGGIE PLATTER V R65
charred vegetables - grilled haloumi - hummus - mushrooms - roasted sesame seed mash - home rich tomato concasse

SPICY BATTERED HAKE R60
in chickpea and masala batter - rustic fries - pea pureé

AFTERS

HARVEST TABLE
choose from a selection of cakes, desserts and pastries - individually priced

FRUIT SALAD AND ICE CREAM R38

WAFFLES R35
maple syrup - chocolate sauce - choice of two sweet toppings - cream or ice cream

ICE CREAMS R30
choose from our selection at the counter - topped with assorted sweet toppings

choice of two sweet toppings

VIGOUR & VERVE

coffee and everything in between



AVAILABLE FROM 06H30 - 11H00

Hotel guests on inclusive bed and breakfast, please produce your room card



HARVEST TABLE R110
cereals - yoghurt - fresh fruits - cold cuts - cheeses - breads and pastries - daily hot selection - preferred eggs - juice - tea - bottomless filter coffee

SMALL BREAKFAST R45
two eggs - bacon - roasted tomato - toast

LARGE BREAKFAST R65
two eggs - bacon - sausage (please check selection) - roasted tomato - hash brown - charred mushrooms - toast

SALMON TROUT EGGS R68
fluffy scrambled eggs - franschhoek valley smoked salmon trout - dill cream cheese - toast

OMELETTE R65
three egg omelette - add any filling
ham - onions - peppers - mushrooms - chilli - danish feta - cheddar cheese
WITH
bacon - roasted tomato - hash brown - charred mushrooms - toast

CLASSIC VEGGIE BREAKFAST V R56
scrambled eggs - sliced avo - grilled haloumi - roasted tomato - hash brown - charred mushrooms - toast

FRESHLY BAKED CROISSANT R35
served with honey & local preserves

FRESHLY BAKED MUFFIN R35
served with honey & local preserves

TOAST BASKET R30
choice of low GI seed - country rye - farmhouse white toast bread - honey & local preserves

COFFEE	SOLO	DOPPIO
Espresso	R13	R15
Café Americano	R18	R21
Cappuccino	R18	R21
Café Latte	R18	R21
Café Mocha	R18	R21

ICED COFFEES		
Iced Coffee	R21	R25
Iced Café Americano	R21	R25
Iced Café Mocha	R21	R25
Iced Chai Tea Latte	R21	R25

COFFEE ALTERNATIVES		
Hot Chocolate		R25
Chai Latte		R21
Red Cappuccino	R18	R21

ADD A LITTLE EXTRA		
Hazelnut Syrup	R5	R8
Vanilla Syrup		
Whipped Cream		

TEA TIME ROSES		
Classic Ceylon 5 Roses		R16

CLASSIC COLLECTION		
Camomile Flowers		R18
Earl Grey		R18
Rooibos		R18
Rose and French Vanilla		R18
Italian Almond		R18
Green Tea		R18
Peppermint Leaf		R18
Cinnamon Ceylon		R18

JUICE BIZARRE		
Freshly squeezed fruit juice - please ask your waitron for the daily selection		R22

SHAKES		
Silky Smooth Milk Shakes		R25
What's your combination?		
Banana, bubblegum, chocolate, coffee, lime, strawberry, vanilla		