Steak Set Menu 1

Starters

Please select one of the following:

- **Chicken Livers**
  Chicken livers sauteed in mild peri-peri sauce
  Or
- **Snails**
  Prepared in a creamy garlic sauce, with a choice of blue or cheddar cheese.
  Or
- **Haloumi**
  Deep Fried or grilled haloumi Cheese served with sweet chilli sauce
  Or
- **Vegetarian Spring Rolls**
  Spring rolls served with mash potato and a sweet chilli sauce

Main Course

Please select one of the following

- **Saucy Steak**
  200g Sirloin or rump steak served with onions rings, a choice of starch and sauce
  Or
- **Grilled Chicken Breast**
  2 Succulent chicken breasts in our homemade marinade, basted in either peri-peri or BBQ served with a seasonal side salad
  Or
- **Chicken Schnitzel**
  Crumbed chicken breast, topped with a cheese sauce and cheddar cheese, served with onion rings and a choice of starch
  Or

Calamari
Grilled in Lemon butter sauce with garlic and a hint of chilli, served with vegetables and a choice of starch
Or

Steak Pasta
Succulent steak done with mixed peppers and mushrooms in a creamy sauce served with penne or fettuchini
Or

Mushroom Gnocchi
Gnocchi(potato dumplings) done in a creamy mushroom sauce topped with crispy onions

Desserts

Please select one of the following

- **Ice-Cream and Hot Chocolate Sauce**
  Rich, vanilla ice-cream covered with hot Bar One Sauce
  Or
- **Malva Pudding**
  Traditional sponge pudding smothered in crème anglaise
  Or
- **Crème Brulee**
  Baked custard with a caramalised crust
  Or
- **Chocolate Mousse**
  Rich, decedent dark chocolate mousse served with a dollop of cream

R250,00
**Starters**

Please select one of the following:

- **Carpaccio**
  Thinly sliced beef fillet, with balsamic marinated mushrooms, celery, parmesan shavings and spring onion
  Or

- **3 Oysters**
  Fresh hand selected coastal oysters served on a bed of crushed ice with accompaniments
  Or

- **Haloumi**
  Grilled or deep fried haloumi cheese sticks served with a dash of sweet chilli sauce and lemon
  Or

- **Prawn Cocktail**
  Prawns tossed in a tangy seafood sauce

**Main Course**

Please select one of the following:

- **Saucy Rump or Sirloin**
  300g Rump or Sirloin steak served with onion rings and a choice of starch and sauce
  Or

- **Our Famous Spare Ribs**
  400g portion of Pork ribs served with onions rings and a choice of starch
  Or

- **Steak Pasta**
  Succulent steak done with mixed peppers and mushrooms in a creamy sauce served with penne or fettucini
  Or

- **Indian Lamb Curry**
  Traditional curry served with sambals
  Or

**Spatchcock Chicken**
Grilled to perfection with a choice of lemon and herb, peri-peri or BBQ sauce served with onion rings and a choice of starch
  Or

**Fish and chips**
Fillet of fish coated in a crispy batter or grilled in lemon butter sauce served with chips
  Or

**Calamari**
Fried or Grilled in Lemon butter sauce with garlic and a hint of chilli, served with vegetables and a choice of starch

**Desserts**

Please select one of the following:

- **Chocolate Fondant**
  Rich decadent hot oozy chocolate pudding served with a scoop of ice-cream
  Or

- **Bar-one Cheese Cake**
  Fridge cheese cake topped with a rich bar-one sauce
  Or

- **Malva Pudding**
  Traditional sponge pudding smothered in crème anglaise
  Or

- **Crème Brulee**
  Baked custard with a caramalised crust
  Or

- **Peppermint Crisp Tart**
  A rich decadent mousse flavoured with peppermint crisp

**Steak Set Menu 2**

**R280,00**
Spatchcock Chicken
Grilled to perfection with a choice of BBQ, Lemon & Herb or Peri-Peri Sauce
with a choice of Starch and Onion rings
Or
Line Fish Thermidor
Grilled and topped with a thermidor sauce
Or
Chicken and prawn pasta
Chicken and prawns done in a creamy tomato and chilli sauce with mixed peppers served with either penne or fettuchini
Or
Kingklip
Fresh kingklip, grilled and served with lemon butter

Desserts
Please select one of the following

Ice-Cream and Hot Chocolate Sauce
Rich, vanilla ice-cream covered with hot Bar One Sauce
Or
Bar-One Cheese Cake
Fridge cheese cake topped with a rich bar-one sauce
Or
Malva Pudding
Traditional sponge pudding smothered in a crème anglaise
Or
Oreo Chocolate brownie
Served with either custard or ice-cream
Or
Crème Brulee
Baked custard with a caramalised crust

R315.00
Steak Set Menu 4

Starters
Please select one of the following:

**Creamy Mussels**
Half shell mussels in a creamy white wine and garlic sauce
Or

**Haloumi**
Grilled or deep fried haloumi cheese sticks served with a dash of sweet chilli sauce and lemon.
Or

**Congo Black Mushrooms**
Crumbed black mushrooms, topped with creamed spinach and smothered with cheddar cheese sauce and a dash of balsamic reduction
Or

**Prawn Cocktail**
Prawns tossed in a tangy seafood sauce

Main Course
Please select one of the following

**Saucy Rump, Sirloin or Fillet**
300g Rump or Sirloin or 250g fillet steak served with onions rings and a choice of starch and sauce
Or

**Rib & Rump combo**
Honey glazed pork riblets served with prime beef rump served with onion rings and a choice of starch
Or

**T-bone**
750g T-bone steak served with onion rings and a choice of starch and sauce
Or

**Chicken & Chops**
Lemon and herb or peri-peri or BBQ chicken and succulent chops served with onion rings and a choice of starch
Or

**Spatchcock Chicken**
Grilled to perfection, with a choice of BBQ, lemon herb or peri – peri sauce
Or

**Butter Chicken**
Boneless Chicken don in aromatic indian spices finished off with cream and butter served with tomato and onion sambal and rice
Or

**Line Fish Thermidor**
Grilled and topped with a thermidor sauce
Or

**Seafood Special for One**
Squid heads, hake grilled or fried, 4 mussels, 4 prawns with chips or rice

Desserts
Please select one of the following

**Ice-Cream and Hot Chocolate Sauce**
Rich, vanilla ice-cream covered with hot Bar One Sauce
Or

**Pavlova**
Meringue served with seasonal fruits and fresh cream
Or

**Malva Pudding**
Traditional sponge pudding smothered in crème anglaise
Or

**Chocolate Mousse**
Rich, decedent dark chocolate mousse served with a dollop of cream

R325.00
Steak Set Menu 5

Starters
Please select one of the following:

Chicken Livers
Chicken Livers sautéed in a mild Peri-Peri sauce
Or
Haloumi
Grilled or deep fried haloumi cheese sticks served with a dash of sweet chilli sauce and lemon.
Or
Snails
Prepared in a creamy garlic sauce, with a choice of blue or cheddar cheese sauce
Or
Congo Black Mushrooms
Crumbed black mushrooms, topped with cream spinach, smothered in cheddar cheese and drizzled with a balsamic vinegar reduction
Or
Creamy Mussels
Half shell mussels in a creamy white wine and garlic sauce
Or
Carpaccio
Thinly sliced beef fillet, with balsamic marinated mushrooms, celery, parmesan shavings and spring onion

Main Course
Please select one of the following:

Saucy Rump, Sirloin or Fillet
300g Rump or Sirloin or 250g Fillet steak served with onions rings and a choice of starch and a sauce of your choice
Or
T-Bone
750g T-Bone steak served with onion rings and a choice of starch and sauce
Or
Oxtail
Matured and marinated in a rich red wine sauce with a hint of garlic and ginger served on a bed of mash or rice

Karoo Lamb Shank
Marinated, then roasted in a BBQ basting sauce
Or
Chicken & Chops
Lemon and herb or peri-peri or BBQ chicken and succulent chops served with onion rings and a choice of starch
Or
Spatchcock Chicken
Grilled to perfection with a choice of BBQ, lemon and herb or peri-peri sauce and your choice of starch and onion rings

Kingklip
Fresh kingklip grilled, served with lemon butter, vegetables and a choice of starch
Or
Seafood special for 1
Squid heads, hake grilled or fried, 4 mussels, 4 prawns served with chips or rice

Desserts
Please select one of the following

Bar-One Cheese Cake
Fridge Cheese Cake topped with a rich Bar-One sauce
Or
Peppermint Crisp Pudding
A rich decadent mousse flavoured with peppermint crisp
Or
Chocolate Fondant
Rich decadent hot oozy chocolate pudding served with a scoop of ice-cream
Or
Malva Pudding
Traditional sponge pudding smothered in crème anglaise
Or
Crème Brulée
Baked custard with a caramelised crust

R345.00
Steak Set Menu 6

Greek Salad on the table
Lavish greens, tomato, cucumber and onions topped with Danish feta and Calamata Olives

&

Biltong Salad on the table
Greens with biltong, Danish feta and sweet peppadews, smothered with a honey mustard dressing

Starters

Please select one of the following:

Calamari
Tender Falkland calamari tubes deep fried or grilled, in a lemon butter sauce with garlic and a hint of chilli

Or

Carpaccio
Thinly sliced beef fillet, with balsamic marinated mushrooms, celery, parmesan shavings and spring onion

Or

Creamy Mussels
Half shell mussels in a creamy white wine and garlic sauce

Or

Congo Black Mushrooms
Crumbed black mushrooms, topped with cream spinach, smothered in cheddar cheese and drizzled with a balsamic vinegar reduction

Main Course

Please select one of the following

Fillet
250g fillet steak served with onion rings and a choice of starch and a sauce

Or

T-Bone
500g T-Bone steak served with onion rings and a choice of starch and a sauce

Or

Lamb Cutlets
Lamb cutlets grilled to perfection and served with a mint sauce

Or

Karoo Lamb Shank
Marinated, then roasted in a BBQ basting sauce

Or

Spatchcock Chicken
Grilled to perfection with a choice of BBQ, lemon and herb or peri-peri sauce and your choice of starch and onion rings

Kingklip
Fresh kingklip grilled, served with lemon butter, vegetables and a choice of starch

Or

Seafood Special for One
Squid heads, hake grilled or fried, 4 mussels, 4 prawns served with chips or rice

Desserts

Please select one of the following

Bar-One Cheese Cake
Fridge Cheese Cake topped with a rich Bar-One sauce

Or

Chocolate Fondant
Rich decadent hot oozy chocolate pudding served with a scoop of ice-cream

Or

Malva Pudding
Traditional sponge pudding smothered in crème anglaise

Or

Crème Brulee
Baked custard with a caramilsed crust

Or

Oreo chocolate brownie
Served with custard or ice-cream

R390.00