

MAIA  
SPA



## COMPLIMENTARY SESSIONS

Start your day feeling invigorated and thoroughly relaxed with our complimentary sessions in the Spa from 08h00 - 09h00.

### ACCOMPANIED YOGA

Traditional Hatha yoga which comprises breathing and stretching postures which are aimed at improving your mobility and bringing a sense of clarity of mind and restoration to your body.

60 minutes Free

### QI GONG

Meditative introductory session to increase circulation; around the body.

30 minutes Free

### PRIVATE SESSION

After 09h00

30 minutes **910**  
60 minutes **1,710**

All prices quoted are in Seychelles Rupees and include 10% Service Charge and 15% Government Taxes



## MASAGES

### **FULL MOON MASSAGE** (for couples)

This open air, restorative treatment takes place from MAIA's highest vantage point, under the Full Moon's enticing and ephemeral glow, and imbues a sense of calm and inner beauty.

90 minutes **14,750**

### **MAIA SIGNATURE MASSAGE**

A unique fusion of consistent pressure, long strokes and gentle stretching. All delivered with soothing, rhythmical flow to ease muscle tensions created exclusivity for MAIA.

60 minutes **1,965**

75 minutes **2,355**

90 minutes **2,880**

### **DANCING FINGERS MASSAGE**

This massage is derived from a traditional art where firm techniques using thumb pressure, deep presses and gripping techniques are applied along the meridians of the body to release energy and improve circulation. Minimal oil is used.

75 minutes **2,355**

90 minutes **2,880**

### **INTUITIVE MASSAGE**

Here advanced techniques and personal intuition are used to slowly melt into a creative session and release tension, using Yoga- influenced stretches, which offer new ways to release back stress, while lying comfortably facing upwards.

90 minutes **2,880**

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## MASSAGES



### HOT STONE MASSAGE

This unique experience, uses heated rocks placed at key focus areas on the body and helps to melt away tension, ease muscle stiffness as well as increasing circulation and metabolism.

90 minutes **2,880**

### HARMONY MASSAGE

A firm favourite and one of the best giftS you can give to your body and soul. Two practitioners working together in harmony, using even consistent pressure, applying long strokes and gentle stretching over your entire body.

60 minutes **3,930**

### GENTLE SOUL MASSAGE

Aimed at those massage connoisseurs, where lightness and gentle strokes are part of your being. We place you on a floor mat with no oil and gently apply full-palm pressure, which is designed to synchronize with the breath, to move deeply and gently into those tired muscles.

60 minutes **1,965**

### MUSCLE RELAXING MASSAGE

Firm and free style massage with focus on specified knotted muscles, to relieve tension.

45 minutes **1,600**

60 minutes **1,965**

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## MASSES

### FOOT MASSAGE

Pamper your tired feet, and combine with reflex point movement, to relieve stiffness and stimulate blood circulation whilst improving energy flow throughout the body.

30 minutes	<b>1,180</b>
60 minutes	<b>1,965</b>

### BACK, NECK AND SHOULDER MASSAGE

A relaxing and energizing treatment which soothes tension in your upper body, break down knots and improves flexibility.

30 minutes	<b>1,180</b>
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### HEAD, SCALP AND FOREHEAD MASSAGE

Assists in relieving headaches by stimulating the nerves and blood circulation on your scalp.

30 minutes	<b>1,180</b>
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### PREGNANCY MASSAGE

Specifically designed for mother and baby, to provide a relaxing and nurturing touch for areas and joints under stress and ease neck and back pain.

60 minutes	<b>1,965</b>
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## MASSAGES

### A SPECIAL PACKAGE FOR PURE RELAXATION

A special package of 10 massages for the price of 9 ( Can be shared by two people) to allow you to enhance your relaxation throughout your stay.

#### Rejuvenation Massage

(MAIA Signature, Dancing Fingers, Hot Stone and Intuitive massage)

90 minutes **25,925**

#### Revitalizing Massage

(Muscle Relaxing, Gentle Soul, MAIA Signature and Foot massage)

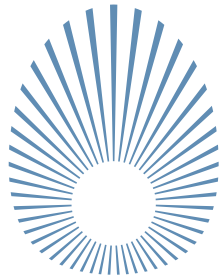
60 minutes **17,675**

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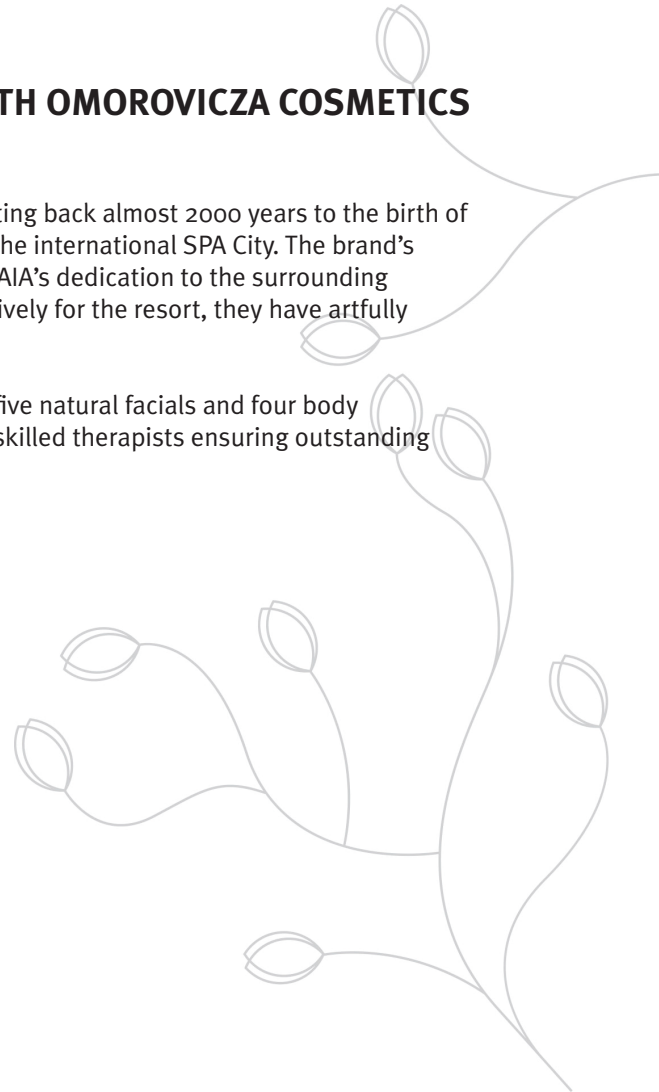
## MAIA SPA WITH OMOROVICZA COSMETICS

The Omorovicza has a unique heritage and a compelling history dating back almost 2000 years to the birth of the ancient thermal springs of the Hungarian capital – Budapest, the international SPA City. The brand's natural, mineral approach to its products entirely complements MAIA's dedication to the surrounding natural environment and in developing the new treatments exclusively for the resort, they have artfully combined Asian intuition with European refinement.

The Spa menu with exclusive treatments by Omorovicza includes five natural facials and four body massages for guests. The menu is simple yet focused with highly skilled therapists ensuring outstanding treatments are delivered in the perfect surroundings of MAIA Spa.



**Omorovicza,**  
BUDAPEST



## CARE FOR THE FACE



### **THE HUNGARIAN CLASSICAL FACIAL** (with extraction)

This Mineral-rich moor mud detoxifies and draws out impurities and ensures deep cleansing. A fragrant mud mask follows and thorough cleansing and exfoliation with rosemary and pineapple extracts, to treat sensitive skin and assist in reducing pore size, followed by extractions. A classic Omorovicza facial massage which instantly lifts and firms the skin.

90 minutes **3,200**

### **MINERAL RICH FACIAL**

This relaxing and soothing facial uses rose quartz stones to stimulate nerve endings and generate energy. The Omorovicza instant plumping cream with hyaluronic acid, repairs and strengthens skin to provide instant hydration.

60 minutes **2,620**

### **RESTORING FACIAL**

A indulgent Omorovicza treatment combines a copper enriched lactic-acid peel to brighten the complexion, reduce depth and appearance of fine lines and wrinkles. A nourishing poultice of organic oats and wheat nourishes the skin, whilst a sprinkling of gold oil repairs the skin leaving arms, hands and décolleté with a shimmering glow.

90 minutes **3,200**

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## CARE FOR THE FACE



### **GOLD AFTER-SUN FACIAL**

Soothing and repairing, combining the anti-inflammatory properties of colloidal gold to reduce damage caused by prolonged exposure to the sun. With nourishing virtues of hyaluronic acid to restore softness and plumpness to skin.

90 minutes **3,420**

### **GENTLEMAN'S FACIAL**

Improve skin tone, elasticity and ensure a youthful appearance. Omorovicza cleansing and exfoliation uses lightly scented natural products and a mineral-rich thermal mud mask draws out impurities. The scalp and shoulder massage relieves tension and stress.

60 minutes **2,620**

### **BLUE DIAMOND FACIAL**

A firming and brightening facial designed to renew and de-age the skin containing key Blue Diamond ingredients including Sodium Hyaluronate to increase elasticity, with Arabinagalactans, and copper and amino acids to aid in reviving tired skin cells.

60 minutes **3,345**

90 minutes **4,465**

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## CARE FOR THE BODY



### THE DETOX MUD WRAP

A vigorous yet gentle brushing of the body and a detoxifying exfoliation using sea salt, Hungarian moor mud and capsicum peptide. A deep cleansing mud mask is lathered onto the body and while the body is wrapped, a scalp massage relieves any tension or stress. A rich blend of essential oils adds a soothing finishing touch.

90 minutes **4,060**

### THE GOLD BODY TREATMENT

With its proven anti-inflammatory properties: This treatment involves an invigorating exfoliation with an Omorovicza golden sugar scrub and a fragrant oil enriched with gold particles. Your body will be left soothed and hydrated with added sparkle.

90 minutes **4,060**

### THE BODY TONER

A cellulite busting treatment includes a vigorous yet gentle brushing of the body and a detoxifying exfoliation using sea salt and mineral-rich Hungarian thermal mud. The Omorovicza dimple vanisher is then massaged into skin and the body's micro-circulation is accelerated and appearance of dimples is reduced.

90 minutes **4,060**

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## NATURE FOR THE BODY AND HAIR



### BODY EXFOLIATION

Exfoliation removes dead skin cells and finishes with a natural moisturizer to nourish and smooth your skin.

### FRESH SEA MINT

Gentle deep-cleanse for less sensitive or firm skin.

### WHITE HERBAL TURMERIC

Removes dead skin and softens the skin for all skin types.

### NATURAL COCONUT

Gentle cleanses - for dry and sensitive skin.

### VICHY SHOWER

Exfoliation combine with warm water obtained exclusively from Vichy shower experience, is channelled through the rain shower to improve blood circulation and stimulate a relaxed feeling.

### BANANA LEAF WRAP

Cooling hydrating aloe Vera gel is applied with a cooling stone and your body is wrapped with banana leaf to moisturize your dry skin and soothe sunburnt skin.

45 minutes **1,570**

45 minutes **1,745**

45 minutes **1,745**

60 minutes **1,965**

45 minutes **1,440**

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## NATURE FOR THE BODY AND HAIR

### AROMA MASK FOR THE HAIR

Conditioning treatment is applied to enhance softness and smoothness of your hair.

- Virgin coconut oil with vitamin E
  - Natural fruit essence mask
- Add bath of your choice

30 minutes	<b>1,180</b>
30 minutes	<b>1,180</b>
30 minutes	<b>+655</b>

### DETOXIFYING TREATMENTS

#### FIRMING BUST TREATMENT

Using the Omorovicza products with lifting and firming massage also deep cleansing mask to stimulate cell generation and improve the elasticity.

60 minutes **2,250**

#### CLEANSING BACK DETOX

Deep cleansing mask, firm and energizing massage using the Omorovicza products to stimulate cell generation and restore a smoothness to the skin.

60 minutes **1,875**

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## TREATMENT COMBINATIONS FOR PURE PLEASURE

### MORNING MAGIC AT MAIA

- 60 minute accompanied yoga session
- 90 minute massage of your choice

150 minutes **4,450**

### ISLAND PLEASURE

- 45 minute body scrub
- Bath
- 90 minute massage

Add a Mineral Rich Facial

165 minutes **4,975**

### MAHÉ

- 75 minute massage
- 90 minute Hungarian Classic Facial (with extraction)

+60 minutes **+1,800**

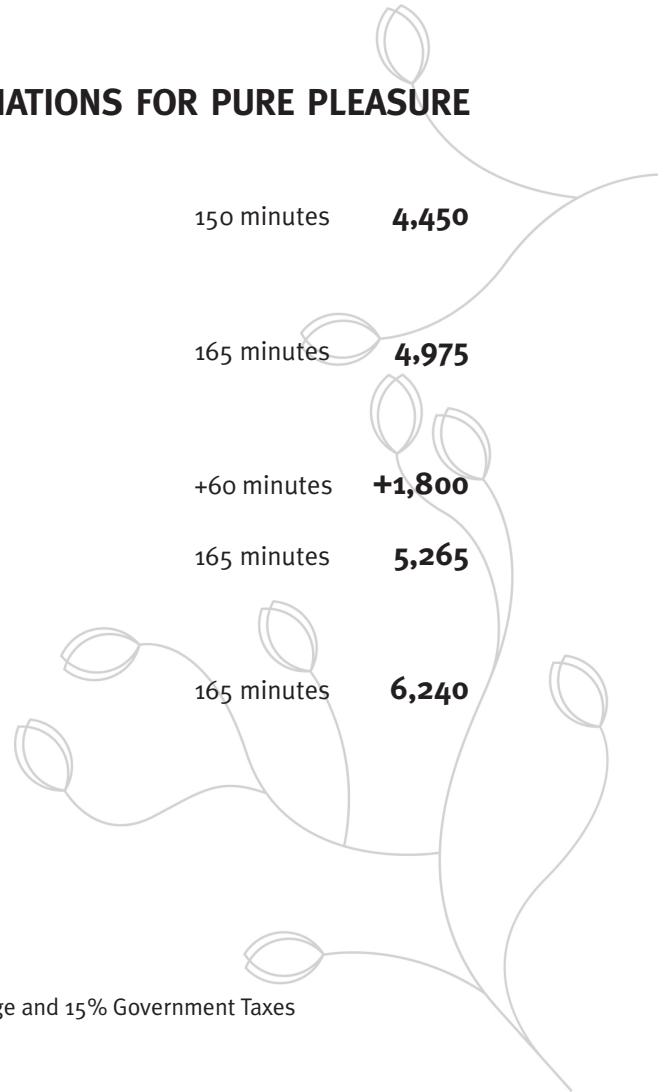
165 minutes **5,265**

### LA DIGUE

- The Detox Mud Wrap
- Bath of your choice
- Manicure or pedicure

165 minutes **6,240**

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## TREATMENT COMBINATIONS FOR PURE PLEASURE

### ANSÉ LOUIS

- Hydrating gel and banana leaf wrap
- Gold After Sun Facial

Add a Coconut Scrub

150 minutes **4,510**

+45 minutes **+1,200**

### ESPECIALLY FOR GENTLEMEN

- Muscle relaxing massage
- Gentleman's facial

Add a pedicure

Add a foot massage

120 minutes **4,290**

+60 minutes **+1,965**

+30 minutes **+810**

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## NATURAL AROMATHERAPY OR HERBAL BATH

655

Book a treatment session in the spa or enjoy in the privacy of your villa.

### **MAIA SIGNATURE BATH**

Blends of Ylang-Ylang, Sandalwood and Bergamot to revitalize mind, body and soul.

### **INDIAN OCEAN RHAPSODY**

Blends of Lavender, Geranium and Sandalwood to calm and soothe all your senses.

### **ISLAND SPIRIT**

Blends of Bergamot, Orange and Ylang-Ylang to uplift and energize.

### **EDEN**

Blends of Lavender, Eucalyptus and Geranium to recover from jet lag.

### **ISLAND RENDEZ-VOUS**

Blends of Eucalyptus, Peppermint and Lavender to clear sinuses and colds.

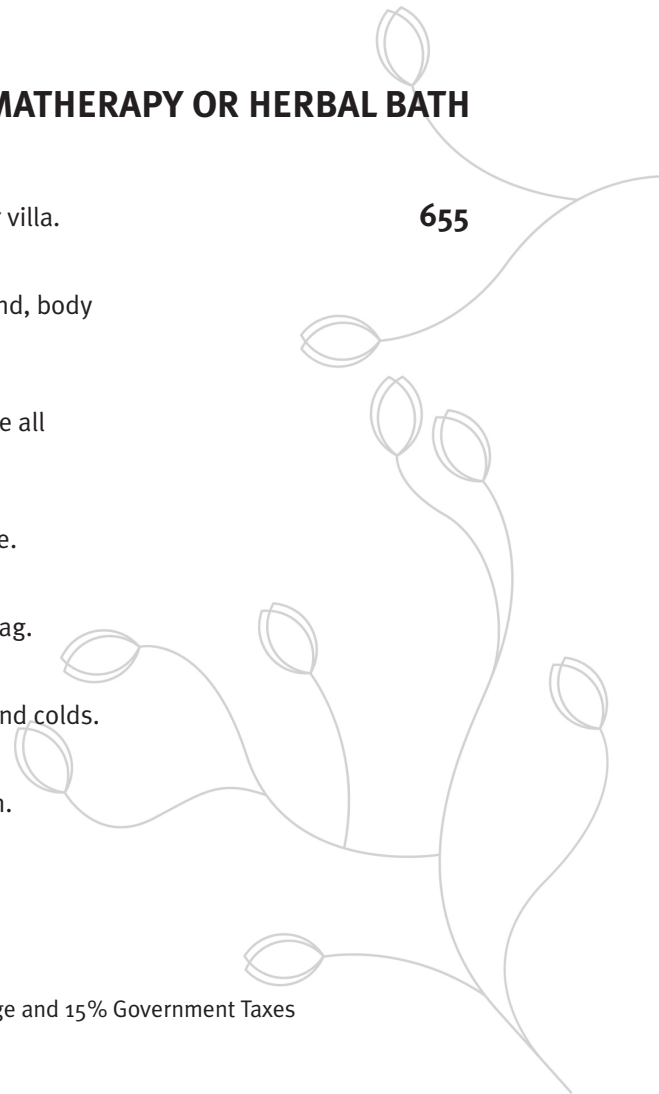
### **BUBBLE BATH**

Natural essence of Seychelles to replenish and rejuvenate the skin.

### **TROPICANA**

Hibiscus and Coconut Milk bath to moisturize dry skin.

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## SALON CARE

### CARE FOR THE HANDS

Manicure - polish included

60 minutes **1,965**

Express manicure

30 minutes **1,180**

French manicure

75 minutes **2,400**

Hydrating paraffin mask for hands

15 minutes **525**

Nail polish

30 minutes **1,180**

Gelish nail polish

30 minutes **900**

French gelish nail polish

45 minutes **1,075**

### CARE FOR THE FEET

Pedicure - polish included

60 minutes **1,965**

Express pedicure

30 minutes **1,180**

French pedicure

75 minutes **2,400**

Hydrating paraffin mask for feet

15 minutes **525**

Nail polish

30 minutes **1,180**

Gelish nail polish

30 minutes **900**

French gelish nail polish

45 minutes **1,075**

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## SALON CARE

### WAXING

Legs / back

45 minutes **1,265**

Half legs / arms / chest

30 minutes **735**

Under arms

20 minutes **570**

Eye brows

20 minutes **445**

Chin / upper lips

15 minutes **315**

Bikini

30 minutes **850**

Brazillian / full

45 minutes **950**

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## V. I. K. (VERY IMPORTANT KIDS) AT THE SPA

Treat your children to a special experience, where each treatment has been specially designed to pamper the little ones.

### **MASSAGE WITH LAVENDER OIL / COCONUT OIL**

30 minutes **1,180**  
60 minutes **1,965**

### **A CHOICE OF NAIL POLISHES FOR THE FINGERS OR TOES**

30 minutes **1,180**

### **CHOCOLATE MILK BATH**

15 minutes **655**

### **GENTLE SKIN CLEANSE WITH A FRESH COCONUT SCRUB**

30 minutes **1,180**

### **GENTLE STRETCHING AND WARMING UP SESSION**

30 minutes **1,045**

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# SPA ETIQUETTE



## HOURS OF SERVICE

Treatments are available from 11h00 to 20h00. Your Butler will assist you with any bookings. Should you wish to have treatments earlier or after normal operating hours, this can be arranged, however, after 20h00 the price will be double the normal treatment rate, and after 24h00 triple the normal treatment rate.

We require a 3 hour notice period to make special arrangements.

## CANCELLATION POLICY

The treatments you select are specially reserved. No-shows or cancellations with less than 3 hours' notice will be charged at 100%.

## SPA ARRIVAL

We suggest that you arrive 5-10 minutes prior to your treatment time. Arriving late may make it necessary to limit the time of your treatment so that the next guest is not delayed.

## SPA ATTIRE

We will provide you with Spa attire including a choice of disposable underwear and robes or sarongs. Alternatively, you may prefer to use your own, choose what is most comfortable. Our therapists will always use draping techniques to respect your privacy.

## HEALTH MATTERS

Please communicate any health conditions such as allergies, high blood pressure, pregnancy or other health-related concerns you may have when making your reservation. We do not recommend the consumption of alcohol before or directly after spa treatments.